

# MOTS-C

## What is MOTS-C?

MOTS-C is a mitochondrial-derived peptide that plays a critical role in regulating metabolic functions, particularly in energy production and glucose metabolism. It is involved in maintaining cellular homeostasis and improving mitochondrial function, making it a powerful tool for addressing metabolic disorders and enhancing overall metabolic health. MOTS-C has garnered attention for its potential benefits in treating obesity, insulin resistance, and even promoting longevity by improving metabolic efficiency and reducing inflammation.

## Benefits of MOTS-C

- **Insulin Sensitivity improvement**  
Reduces insulin resistance, which can help prevent or manage type 2 Diabetes and other metabolic disorders.
- **Weight Management and Fat Reduction**  
Supports weight loss, especially in individuals with obesity or metabolic syndrome, by enhancing energy expenditure.
- **Mitochondrial Health and Energy Production**  
Increases energy levels, supports endurance, and combats fatigue by improving cellular energy production.
- **Longevity and Anti-Aging**  
Increases stamina, supports endurance during physical activity, and enhances recovery after intense exercise.



\*Starting at \$120. Prices are subject to change\*